

Overview of presentation

Improving Compliance During Infusions focuses on psychological strategies to help children and adolescents comply with their hemophilia treatment. Three main strategies are available to help children adhere to their treatment regimens:

- Distraction
- Differential positive reinforcement
- Counterconditioning

After reviewing these strategies, the presentation explores the successful use of counterconditioning in one boy with hemophilia and closes by demonstrating how behavioral strategies can reduce distress in children and positively influence patient safety and satisfaction.

Introducing your speaker: Shannon Penica

Shannon Penica, MA, BCBA, is a behavioral therapist and consultant who specializes in behavioral approaches to infusions for pediatric patients with hemophilia.

A member of the Pennsylvania Association for Behavior Analysis (PennABA), Ms. Penica is a frequent speaker on treatment compliance at National Hemophilia Foundation chapters and hemophilia treatment centers. Her article (coauthored with K.E. Williams) titled "The Use of a Psychological Intervention to Increase Adherence During Factor Administration in a Child with Haemophilia" appeared in the peer-reviewed publication *Haemophilia*. She has also presented at the PennABA and at the annual conference of the World Federation of Hemophilia.

Ms. Penica is the parent of a child with severe hemophilia.

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